

# COLOURED RICE

You need some cheap rice and a bottle of food colouring  
Combine these in a big bowl and allow to dry thoroughly

Use large trays.

Roasting tins are ideal because they have deep sides, preventing spillage.

Unused cat litter trays would be the right size but the metallic quality of roasting tins is more satisfying to work with.

Introduce tiny items e.g.

Teaspoons ,Eggcups ,Tiny bottles or bowls ,Matchboxes

Small white stones ,Fine sticks

Funnels ... make your own paper pokes

Tiny sea shells

Cake decorations ... silver balls ... sugar flowers

I keep the rice in vases on the windowsill.

It is decorative and to hand when someone wants to play.

Children enjoy pouring, filling, running it through their fingers.

Like dough, it's very therapeutic. You will want to play yourself!



# Shamrock Hop

This is a fun, active game for four or more players. Play it on a carpeted floor to prevent slips and falls.

## Materials

- Scissors
- One sheet of green construction paper per player
- Tape or string

## Directions

1. Cut one large shamrock shape from each sheet of paper.
2. Mark a start and finish line with tape or string.
3. Have players form pairs. One player in each pair stands at the starting line.
4. Place one shamrock shape in front of each player at the starting line.
5. Give another shamrock to the player in each pair who's not at the starting line.
6. At your signal, each player at the starting line hops with her feet together onto the shamrock in front of her.
7. The player's partner then places the other shamrock in front of the hopping player.
8. The hopping player then hops onto the second shamrock while her partner moves the other shamrock in front of her.
9. Players continue moving shamrocks and hopping onto them in this way until one pair moves both of its shamrocks across the finish line.

